Dear Friends,

Time flies and again we are preparing for Spring, the Christian church is preparing for Lent, and the celebration of Easter. Devout Ukrainians are alas preparing for survival, in the fierce onslaught against them by neighboring Russia.

Jeremiah in the book of Lamentations is in a similar conflict and praying for the people of Jerusalem. This book of the Old Testament was written in the 6th century B.C. indicating that nothing much has changed after all this time. The idea of domination has not gone away.

JEREMIAH in Jerusalem is surrounded by trouble, despair a sense of hopelessness. He too feels despair and sympathy for a suffering people.

Out of the despair he finds hope and strength in the following words.

"It is of the Lord's mercies we are not consumed, because his compassions fail not.

They are new every morning, great is thy faithfulness.

The Lord is my portion saith my soul; I will hope in him."

Lamentations 3,22-24

May God's compassion and love be your portion today.

Mary